

2024年度
英 語

2024年2月1日
北里大学健康科学部

受験番号								氏名	
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【注意事項】

1. 試験監督による解答始めの指示があるまで、この問題冊子の中を見てはいけません。
2. 試験時間は、60分です。
3. この問題冊子は1ページから12ページまであります。
4. 試験監督の指示により問題冊子に受験番号および氏名を記入してください。
5. 試験監督の指示により、解答用紙(マークシート)に氏名(フリガナ)および受験番号を記入し、さらにその下のマーク欄に受験番号・志望学科・試験会場をマークしてください。
6. 解答は、解答用紙(マークシート)の解答欄にHBの鉛筆ではっきりとマークしてください。その際、ボールペン・サインペン・万年筆等は使用しないでください。その他マークの仕方に関しては、解答用紙(マークシート)の注意事項をよく読んでください。
7. 解答用紙(マークシート)は折り曲げたり、メモやチェック等で汚したりしないように注意してください。
8. 問題冊子の余白は適宜使用してもかまいませんが、どのページも切り離してはいけません。
9. 試験中に問題冊子の印刷不鮮明、ページの落丁・乱丁および解答用紙の汚れ等に気付いた場合は、手を高く挙げて試験監督に知らせてください。
10. 試験終了後、問題冊子と解答用紙(マークシート)は回収しますので机上に置いてください。持ち帰ってはいけません。

I 次の英文を読み、下記の設問に答えなさい。

How would you respond if you were asked to define health? ア The Charter of the World Health Organization*¹ signed in 1946 and brought into force in 1948 considered people's health to be important to the attainment*² of peace and security, and declares that "Health is a state of complete physical, mental and social well-being*³ and not merely the absence of disease or infirmity*⁴." イ From this viewpoint, when approaching various health problems, comprehensive*⁵ practices are required not only for the body but also for the human mind and social environment.

A survey by the Ministry of Health, Labour and Welfare*⁶ conducted in 2014 made it clear that there is an extremely meaningful relationship between the state of one's health and one's feeling of happiness. Health is important for the happiness of all people, and social welfare*⁷ uses specific methods to (7)achieve it. Therefore, there is a strong relationship between health and social welfare, and while Japan has a strong social support system relative to other developed nations, there are still areas that require attention.

For example, in recent years, the number of elderly people living with some kind of disease has been (1), which causes troubling mental and social issues, such as loneliness and isolation. Therefore, social support is essential to the health of the elderly.

(2), support such as adjustments in workplace environments is needed for the rising number of people suffering from mental health problems caused by chronic*⁸ social stress from daily life. Such health-related problems are closely linked (3) and have a major impact on all our daily lives.

Health-related issues are a particular threat to our well-being due to the stress they cause. For example, while more and more cancer patients are recovering (4) the progress in medical science, people still generally believe that cancer is a recurring*⁹, metastatic*¹⁰, incurable*¹¹ disease. For this reason, cancer patients and their families often feel uncertainty, anxiety, and fear about the future. In addition, patients who have to quit their jobs to receive medical treatment will also experience (8)financial anxiety.

Another problem with cancer is that the family of a cancer patient is considered a "secondary*¹² patient," and they are expected to play the necessary role of a caregiver*¹³. ウ This can have a major impact on the family's lifestyle. For example, the burden of taking on new roles, (5) housework and childcare, causes conflict within the

family and leads to the deterioration^{*14} of family relationships. Adding to that, family members of cancer patients who must provide end-of-life care^{*15} may have to make serious decisions on whether to provide life-prolonging treatments^{*16} or to allow them to die with dignity^{*17}. 工 Thus, health-related problems involve not only physical treatment for the patient, but also the need for livelihood^{*18} support for the patient's family.

(6), health and social welfare are closely related with each other, and both must (9)take into account emotional and social issues. As a result, social welfare programs in Japan aim to strengthen human well-being and contribute to health by being engaged in solving life problems.

[出典: *Thinking about Human Life and Society*, Nan'un-Do]

注：*1 The Charter of the World Health Organization 「世界保健機構（WHO）憲章」

*2 attainment 「到達, 達成」 *3 well-being 「幸福, 福祉」 *4 infirmity 「病弱」

*5 comprehensive 「包括的な」

*6 the Ministry of Health, Labour and Welfare 「厚生労働省」

*7 welfare 「福祉」 *8 chronic 「慢性的な」 *9 recurring 「再発する」

*¹⁰ metastatic 「転移する」 *¹¹ incurable 「不治の」

*¹² secondary 「副次的な, 派生的な」 *¹³ caregiver 「介護者」

*¹⁴ deterioration 「悪化」 *¹⁵ end-of-life care 「終末期医療」

*16 life-prolonging treatment 「延命治療」 *17 die with dignity 「尊嚴死」

*18 livelihood 「暮らし, 生計」

問1 本文中の(1)～(6)の空欄に入る最も適切なものを、それぞれ①～④の中から一つずつ選びなさい。

- (1) ① on the increase ② in decline ③ increase ④ decline

- (2) ① However ② For instance
 ③ Also ④ On the other hand

- (3) ① on ② to ③ about ④ for

(4) ① apart from

② despite

③ thanks to

④ in spite of

(5) ① or

② but

③ like as

④ such as

(6) ① In addition

② In summary

③ In fact

④ In other words

問2 本文中の下線部 (7) ～ (9) の語に最も意味が近いものを、それぞれ①～④の中から一つずつ選びなさい。

(7) achieve

① control

② hold

③ complete

④ leave

(8) financial

① economic

② brief

③ complex

④ definite

(9) take into account

① admit

② consider

③ complain

④ move

問3 本文中の□ア～□エの空欄のうち、次の(10)の英文が入る最も適切な位置を、以下の①～④の中から選びなさい。

(10) Many people probably believe that being healthy means not getting sick or ill.

① □ア

② □イ

③ □ウ

④ □エ

問 4 以下の (11) と (12) の各問いの答えとして最も適切なものを、それぞれ①～④の中から一つずつ選びなさい。

(11) Which problem is mentioned in the passage about cancer patients and their family?

- ① Families of cancer patients can be affected by the role of taking care of the patients.
- ② There are some cancer patients who should receive medical treatment to find a job.
- ③ It is believed that cancer can be cured, so they don't feel fear or anxiety any longer.
- ④ The family members of cancer patients suffer from being called a "secondary patient".

(12) Which of the following statements would the author most likely agree with?

- ① Not only social support but also social stress is necessary to the health of the elderly.
- ② Only physical treatment for the patient must be included in the health-related issues.
- ③ Because Japan has an efficient social welfare system, all healthy people feel happy.
- ④ Solving the health-related issues in society would help improve people's health.

Ⅱ 次の(13)～(22)の各英文の空欄に入る最も適切なものを、それぞれ①～④の中から一つずつ選びなさい。

- (13) Rinda is getting out () the taxi.
① of ② with ③ on ④ into
- (14) The papers fell () the floor.
① in ② about ③ of ④ on
- (15) The top of the mountain was () than the clouds.
① more high ② high ③ higher ④ as high
- (16) While she was sitting in the garden, it suddenly () to rain.
① began ② has begun
③ had begun ④ begin
- (17) () do you think of my plan?
① Who ② What ③ Which ④ How
- (18) The old temple () we visited was really interesting.
① was what ② what ③ that ④ was that
- (19) We can't afford () to Europe.
① to going ② going ③ go ④ to go
- (20) We got () from the tourist office.
① an information ② informations
③ some information ④ some informations
- (21) It's not a good idea to drink on an empty ()
① storm ② strategy ③ stress ④ stomach

(22) It's cold. The children () better wear their coats.

① had

② have

③ should

④ will

Ⅲ 次の会話文を読み、下記の設問に答えなさい。

Prof. Zach: I hope you now understand why it's preferable to have some English skill.

Daisuke : (23)

Prof. Zach: Yes, writing is very good for you. You'll see! (24)

Nozomi : I think I've learned enough grammar, but I can't write well. Do I have to learn more grammar to write better?

Prof. Zach: Grammatical*¹ knowledge is a prerequisite*², but it does not mean the more grammar you know, the better you'll be able to write.

Nozomi : (25)

Prof. Zach: The ability to write comes only through reading a lot. You'll get a kind of "sense" that allows you to judge what sounds right and what does not.

Shu: (26)

Prof. Zach: You must keep thinking until you really know what you're thinking.

Daisuke: Professor, isn't that a waste of time? Writing always seems to be a time drain*³!

Prof. Zach: (27) It's necessary to take time to sort out your thinking. Then you can write. Writing without enough thinking is a disaster!

〔出典 : *Science Communication in English*, Asahi Press〕

注 : *¹ grammatical 「文法的な」 *² prerequisite 「前提条件」 *³ drain 「流出, 消費」

問 1 会話内の (23) ~ (27) の各空欄に入る最も適切なものを、それぞれ①～⑥の中から一つずつ選びなさい。ただし、選択肢のすべてが入るとは限りません。また、選択肢は一度しか使えません。

- ① Any other questions?
- ② Then what should I do to write academically?
- ③ Yes, that's definitely right.
- ④ No, writing is not a waste of time!
- ⑤ Why do some writers write what I want to say and I can't?
- ⑥ Do we all have to write?

問 2 次の (28) と (29) の各設問の答えとして最も適切なものを、それぞれ①～④の中から一つずつ選びなさい。

(28) Why does the professor say “You’ll see!” to Daisuke?

- ① She wants Daisuke to know how foolish he is.
- ② She expects Daisuke to know what she means someday.
- ③ She expects Daisuke to see her in person after the class.
- ④ She wants Daisuke to raise the hand before asking a question.

(29) Which statement does the professor most likely agree with?

- ① Having much knowledge about grammar always helps to write a good essay.
- ② If you write before thinking deeply, you can prevent disasters from happening.
- ③ If you are to improve your writing, it is a good idea to read a lot.
- ④ It is better to write as soon as you have an idea to write about.

Ⅳ 次の英文を読み、(30) ～ (37) の空欄に入る最も適切な語を、それぞれ①～⑧の中から一つずつ選びなさい。

Many people around the world are engaged in video gaming and gambling behaviours, which are recognized as addictive*¹ behaviours, but usually do not result in any significant health consequences. However, a small proportion of people engaged in such behaviours may (30) disorders due to addictive behaviours (31) with functional impairment*² or distress*³.

Video gaming is highly prevalent*⁴ in modern culture, (32) among young people. However, in recent years there has been increasing global recognition among (33) health professionals that particular patterns of video gaming may (34) to marked impairment in personal, family, social, educational, occupational*⁵ or other important areas of functioning*⁶. People who (35) part in gaming should be alert*⁷ to the amount of time they (36) on gaming activities, particularly when it is to the exclusion*⁸ of other daily activities, as well as to any changes in their physical or psychological health and social functioning that could (37) from their pattern of gaming behaviour.

〔出典 : *Addictive behaviour, Health Topics, World Health Organization*〕

注 : *¹ addictive 「常習性の」 *² functional impairment 「機能障害」

*³ distress 「苦痛, 苦悩」 *⁴ prevalent 「広く行われている」

*⁵ occupational 「職業に関する」 *⁶ functioning 「機能」 *⁷ alert 「気を付ける」

*⁸ exclusion 「排除」

①particularly

②develop

③take

④spend

⑤associated

⑥result

⑦public

⑧lead

V 次の (A) と (B) の日本語の文を表すように (38) ～ (43) の空欄に入る最も適切な語を、それぞれ①～⑦の語から 1 つずつ入れて英文を完成させなさい。ただし選択肢は一度しか使えません。

(A) もし自然な温室効果がなければ、地球の平均気温は今よりもずっと寒く、地球は大部分の生命体にとって住むのにふさわしくないものになるであろう。

If there were (38) natural greenhouse effect, Earth's average temperature () be (39) colder, () it () for (40) most forms of ().

- | | | |
|-------------|----------------|-------------|
| ①making | ②no | ③life |
| ④would | ⑤significantly | ⑥supporting |
| ⑦unsuitable | | |

(B) ある人にとっては効き目があっても他の人にはそうでないということを覚えてほしい。そこで、ストレスマネジメントについては、違ったやり方を探し個人に合った方法を見つけることが重要だ。

Remember () what works for () person might not work for (41), so it's (42) to () () strategies and find a personalized (43) to stress management.

- | | | |
|------------|------------|----------|
| ①one | ②another | ③explore |
| ④approach | ⑤important | ⑥that |
| ⑦different | | |